4 LIFESTYLE



In their hours of need, hospital patients find a friendly face



Medical companion Xin Yu (right) explains treatment plans to a patient she serves. —Lu Feiran

The latest national population census showed that about 5.8 million people, or 23 percent of Shanghai's population, are 69 years or older. More than 310,000 of them live alone. They are a high-risk group for medical needs.